



LIVIGNO SKYMARATHON E LIVIGNO SKYTRAIL 2021 RULES AND COVID PROTOCOL

1. ORGANIZATION AND ROUTE

Livigno SkyMarathon is a Skyrunning event scheduled to take place in Livigno on Saturday 19th June 2021. The route will run along the valleys of the Municipality of Livigno for a total of 35kms with an uphill/downhill difference in height of 2,700 meters. The maximum altitude will be reached at Punta Cassana, 3061 meters a.s.l.. The race will take place on mountain trails with challenging up and downhill stretches including some sections equipped with fixed ropes. Participants will cross snowy stretches, exposed ledges, steep pastures and stony grounds. Good physical preparation and maximum caution are, therefore, required.

The race will take part inside a protected mountain environment; the Organizing Committee will therefore provide the route signage for the minimum time necessary to carry out the race in order to optimize the fauna respect.

2. PARTICIPATION

The event, affiliated with sports promotion body Csen and FISKY (Federazione Italiana Skyrunning), is open to all athletes in possession of a medical examination of fitness for competitive athletics with high cardiovascular commitment issued by a Sports Medicine Center (category B) valid on the day of the race. To all the athletes, except for the Fisky members, will be asked the daily membership Fisky to be paid at the bib collection (€ 5,00).

FOREIGN ATHLETES

Foreign athletes can take part in the competition if registered with their own athletics federation. Otherwise, for insurance reasons, the daily Fisky membership will be required and it must be paid at time of registration (€ 5.00). In any case, a copy of the medical certificate of fitness for sport practice or self-certification attesting that a medical check has been performed, must be provided, in accordance with the current Italian law.

3. REGISTRATION

Registration fees are as follows:

| LIVIGNO SKYMARATHON | LIVIGNO SKY TRAIL |
|---------------------|-------------------|
| € 55,00 | € 35,00 |

Participation fees will not be refunded whether a participant would not be able to take part in the race, and it will not be possible to use the paid registration fee for the following year.

It is, however, possible to transfer a registration fee from one participant to another within 30th April 2021. After that date, a surcharge of Euro 10.00 will be applied.

Only for the athletes registered to the 2020 edition, who decided to postpone their registration to 2021, will be allowed the participation fee refund request within and not later than 19th April 2021.

For organization reasons a maximum limit in the registrations is fixed as follows:

- 350 athletes for the Livigno SkyMarathon
- 100 athletes for the Livigno Sky-Trail

That maximum limit could be increased by the Organizing Committee where the conditions exist.



4. CANCELLATION OR MODIFICATION

Race Director may, at his/her discretion, change and/or modify the race at any time (e.g. route, starting way, length of track, finish point, etc.). Race Director may also suspend the competition at any time, in order to protect the safety of the athletes. In case of cancellation of the race, entry fees will not be refunded.

5. RULES

Although not explicitly mentioned, the rules apply in relation to the regulations established by the ISF (International Skyrunning Federation) www.skyrunning.com.

6. PARTICIPANTS' DUTIES

All participants are required to:

- wear their bib number visibly throughout the race;
- to be equipped with the following items **for the entire duration of the competition**:
 - o a windproof jacket;
 - o trail running shoes;
 - o a cup or container (flask, water bottle, etc.).

Athlete who is found not to have the above equipment will be punished with a **penalty of 10 minutes**. In case of bad weather, the organization reserves the right to make other materials mandatory. These will be communicated on the event website and social media channels the days before the event and during the briefing the evening before the race.

- to follow the regularly signposted route;
- to hand their bib numbers to the person in charge at the check point, if stopped at the maximum time barrier;
- to inform the organization and give their bib number to the people in charge of control on the route, in case of abandonment of the competition.
- to throw all their waste in the appropriate containers at refreshment points. Anyone caught throwing rubbish away along the route will be **disqualified**.

7. RESPONSIBILITY

Fully aware of his/her responsibility for making false statements, athlete recognizes and confirms to:

- have read the rules and Covid protocol in all their parts and fully accept the content;
- have taken a direct look at the race course and that, in full compliance with his/her faculties, to have considered it fully suitable for his/her technical level;
- be well aware that the aforementioned route has sections with fixed ropes and exposed passages, although these are assisted by the staff of the organization;
- be in possession of a skyrunning curriculum suited to the competition he/she's registering for, having also, in the recent past, taken part in similar events and have enough mountain experience to tackle the above route;
- have been thoroughly informed by the organizers of the potential dangers of the event, that takes place in a mountain setting with all the consequent objective dangers that cannot be removed; and, in view of this awareness, to assume the risk anyway;
- expressly exonerate the organizers from any liability for not serious negligence in relation to any accidents in which the athlete may be victim.

8. MAXIMUM TIME/BARRIERS

There are two time barriers for Livigno Skymarathon:

- Barrier 1: entrance rise Mott.



- Barrier 2: Baitél de la Sascia.

The Organizing Committee reserves the right to set up additional time barriers in the presence of certain conditions that could affect participants' safety.

9. REFRESHMENTS

A number of refreshment stations will be set up along the route, suited to the physical effort required by participants.

The location of the refreshment points and type of food provided for each refreshment may vary depending on weather conditions or the accessibility to the identified stations.

10. COMPLAINTS

Complaints shall be made in writing, specifying the name of the complainant and his/her bib number. This must be done either at the arrival line or immediately after publication of the provisional results. A deposit of €50 will be required, which will be refunded in case of acceptance of the complaint. Complaints may no longer be made one hour after publication of the provisional results. In the event of a dispute, the decision of the ISF representative, in accordance with ISF rules, shall apply.

11. PRIVACY STATEMENT

By registering for the event, participants declare they accept the use of images, photos and/or videos that will be utilized to advertise the event and/or territory for similar purposes, and that their personal data will be included in the archives of the Organizer. These data will be stored, kept strictly confidential by the organizing committee and used for purposes related to the conduct of the race only, in accordance with Law No. 675/96 dated 31st December 1996, Art. 13. It is possible to correct or delete the data at any time.

12. AWARDS

The absolute first 10 men and the absolute first 10 women will be awarded cash prizes as per the following table:

| MALE | | FEMALE | |
|------------|---------|------------|---------|
| 1° ranked | € 2.000 | 1° ranked | € 2.000 |
| 2° ranked | € 1.000 | 2° ranked | € 1.000 |
| 3° ranked | € 500 | 3° ranked | € 500 |
| 4° ranked | € 350 | 4° ranked | € 350 |
| 5° ranked | € 300 | 5° ranked | € 300 |
| 6° ranked | € 250 | 6° ranked | € 250 |
| 7° ranked | € 200 | 7° ranked | € 200 |
| 8° ranked | € 150 | 8° ranked | € 150 |
| 9° ranked | € 125 | 9° ranked | € 125 |
| 10° ranked | € 125 | 10° ranked | € 125 |



In-kind prizes will also be awarded to the first 3 men and first 3 women of Skymarathon in the following categories (these prizes cannot be combined with the absolute prizes):

- M/F 40 - 49 (born from 1971 to 1980)
- M/F 50 - 59 (born from 1961 to 1970)
- M/F 60 (born in 1960 or earlier)

The money prize will be halved in case the organization shall be forced to move the race to an alternative, shorter route, due to adverse conditions caused by bad weather or for reasons that may put the safety of the athletes at risk.

13. ACCEPTANCE OF THE RULES

Participation in the Livigno Skymarathon implies acceptance, by the registered runners, of these rules in all their parts and without reservation. By registering, each runner agrees to comply with these rules and relieves the organizers of any civil or criminal liability for accidents or incidents, for damage to people or things which may occur during the event called "Livigno Skymarathon", deriving from, or caused by the participant. The race will take place in accordance with these rules and with any changes and notices that will be published on the website.



COVID-19 PROTOCOL LIVIGNO SKYMARATHON AND LIVIGNO SKYTRAIL

This protocol contains all the actions that will be fulfilled during the organization of the events Livigno SkyMarathon and Livigno Skytrail for the containment of the spread of Covid-19 and it is added to the race rules, becoming integral part of it. Each violation to this protocol will lead to the immediate disqualification of the racer.

PRELIMINARY INFORMATION

All the staff involved in the organization of Livigno SkyMarathon will be provided with specific reference badge. Each worker equipped of badge, in addition to being easily recognizable by the runners, have preemptively filled the Anamnesis Form for SARS-CoV2 (Covid-19)

The organization will appoint a Covid-19 Manager, dedicated exclusively to the management of controls and the prevention plan.

RACE PACKAGES DELIVERY

The race packages delivery will happen in the rooms of Plaza Placheda and/or Aquagrande, in a space where entries and exits will be well defined. In case of queues before entering the area dedicated to the race packages/bibs distribution, all the athletes must guarantee the distancing of at least one meter.

In order to collect the race package/bib, each racer must present himself/herself wearing the face mask. All runners must sanitize their hands before delivering, filled out in all its parts and countersigned, the Anamnesis Form for SARS-CoV2 (COVID-19) infection. In the absence of the Anamnesis Form for SARS-CoV2 (COVID-19) infection (attachment 1) filled and signed, the bib and the race package cannot be delivered. It is not allowed to collect the race package and the bib on behalf of third parties, nor to hand over the Anamnesis Form for SARS-CoV2 (COVID-19) infection for others (attachment 1).

PRE-RACE BRIEFING

The pre-race briefing will occur in virtual form with instructions that will be communicated in the days before the race. Any update will be given using the on-line channels of the event (Facebook page and internet website) and the dedicated Telegram channel.

BAGS DEPOSIT, CHANGING ROOMS, SHOWERS

It's not allowed to the racers to deliver to organizers any materials/equipment to collect at the end of the race.

No changing room and/or shower service will be provided both at the departure and arrival of the race.

COMPETITION AREA

The "competition area" includes the race route, the starting area, the arrival area and all the areas dedicated to controls and refreshments along the competition route. In the "competition area" only runners are admitted, the registered technicians, the judges and the other race officials, the rescue staff and the technical support staff for controls at the refreshments and the "broom".

All the people in the "competition area" must always wear the face mask and observe the distancing.

All the areas of the "competition area" are prohibited to the public.

STARTING AREA



The starting area will be located inside the Athletics Track near the Aquagranda Center. Access to the starting area will be allowed only to runners, judges and other race officials, rescue and technical support staff at the control points.

Access to the starting area will take place from a single point where the check will be made and the external front temperature will be checked.

All those admitted to the starting area must wear a protective face mask.

In the starting area the athletes must respect the distancing of at least one meter. The distance at the starting area will be signaled through lanes, tapes, horizontal signs, etc.

The runners will not be able to leave material in the starting area, under penalty of disqualification. Runners will also not be allowed to deliver materials / equipment in the starting area to the organizers, to be taken back at the end of the race, nor will the race officials receive, touch, move the material and equipment of the runners.

ACCESS TO THE STARTING AREA

Runners not wearing the race bib, meaning they have not personally delivered the Anamnesis Form for SARS-CoV2 (COVID-19) infection, are not allowed to access the starting area.

In order to access the starting area, each runner must compulsory wear the race bib and the face mask.

When entering the starting area, the frontal external body temperature will be measured, which must not exceed 37.5°C.

If this value is exceeded, after a second measurement at a distance of 5 (five) minutes, the runner will not be admitted to the competition field and will be addressed to the competent health authority.

Runners must wear the face mask up to the first 300 meters, after which they must keep it to re-wear it at the end of the race.

The face mask will therefore be kept by the runner for the entire race and cannot be thrown on the ground or delivered to third parties. The face mask will be worn again upon arrival, once the time normally necessary to recover physical energy has elapsed, and in any case before exiting the finish area.

The abandonment of the face mask will lead into the immediate disqualification of the runner, except for more serious penalties provided for by the relevant hygiene and health regulations.

The runner who leaves the starting area after having entered it, must obligatorily re-submit himself to the temperature control upon returning to the starting area.

The start may take place in several phases to ensure the distancing between the runners.

RACE BEHAVIOUR

During the race the runners must maintain an indicative distancing of at least two meters between one another. Overtaking must take place at least 1m to the side of the runner and in the shortest possible time. During the race it is strictly forbidden to travel side by side.

It is forbidden to abandon any type of material along the route (face mask, waste, clothing, ...) under penalty of immediate disqualification.

REFRESHMENTS AREAS ALONG THE ROUTE

Along the route some refreshment areas will be prepared and they will be accessible only for the runners regularly wearing the bib.

The supplies will be organized so that the runners can serve themselves, with single disposable containers for drinks and food in single portions. Disposable containers and waste material must be placed in the appropriate containers by the runners. In the refreshment areas it is forbidden to leave disposable containers and waste material outside the appropriate containers, under penalty of disqualification.

FINISH LINE



The finish line will be placed inside the Athletics Track near the Aquagranda Center. Access to the finish area will be allowed only to runners, judges and other race officials, rescue and technical support staff at the check points.

All those admitted to the finish area must wear a protective face mask.

Once the runners have crossed the finish line, they will have to wear their goggles and will have to leave the finish area as soon as possible.

All runners who have crossed the finish line will be given a bag containing the necessary refreshment, to be consumed outside the finish area.

RACE RANKS AND AWARDS

In order to avoid any gathering, the race ranks will not be printed and displayed, but they will be published on the website of the event and on the website of the Chrono Company (Otc My Sdam).

The awards ceremony for the first three men and the first three women will take place in the area adjacent to the finish, specially prepared and appropriately delimited, in compliance with interpersonal distancing, immediately after the arrival of the third competitor. During the award ceremony everyone (runners and ceremonial staff) must wear a face mask.

The delivery of cash prizes for the first ten men and the first ten women will take place in the area adjacent to the finish, specially prepared and appropriately delimited, in compliance with interpersonal distancing.

The category prizes will instead be sent in the following days to the address communicated at the time of registration.